

PSHE and Relationships Education in EYFS

The EYFS framework is structured differently to the Primary National Curriculum as it is organised across seven areas of learning rather than subject areas. The aim of this document is to demonstrate how the skills taught across EYFS feed into the Primary National Curriculum subjects and our Primary Foundation Curriculum at Key Stage 1.

Early Years Summary Objectives	Key Stage 1 Summary Objectives
<p>Students will learn how to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. They will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably.</p>	<p>Students will learn about how to be successful citizens in modern Britain. They will develop the behaviours and attributes that allow them to be more successful in school and beyond, including how to state their point of view with respect. Students will build upon their learning throughout Key Stage 1, developing skills such as resilience, self-esteem, and team working in the context of relationships, valuing difference and 'being my best'.</p>

The table below outlines the statements taken from the Early Learning Goals in the EYFS statutory framework and the Development Matters age ranges for Three and Four-Year-Olds and Reception, both of which provide the key concepts and foundational knowledge that is built upon within our Key Stage 1 programme of study for our 'Life' curriculum at Northern Education Trust.

Related statements for 'Life' are taken from the following areas of learning:

- **Communication and Language**
- **Personal, Social and Emotional Development**

Preparing for 'Life' Curriculum in the EYFS

Reception	Communication and Language	<ul style="list-style-type: none">• Understand how to listen carefully and why listening is important.• Ask questions to find out more and to check they understand what has been said to them.• Articulate their ideas and thoughts in well-formed sentences.• Connect one idea or action to another using a range of connectives.• Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen.• Develop social phrases.• Engage in story-times.• Listen to and talk about stories to build familiarity and understanding.
	Personal, Social and Emotional Development	<ul style="list-style-type: none">• See themselves as a valuable individual.• Build constructive and respectful relationships.• Express their feelings and consider the feelings of others.• Show resilience and perseverance in the face of challenge.• Identify and moderate their own feelings socially and emotionally.• Think about the perspectives of others.• Manage their own needs. (Personal hygiene)• Know and talk about the different factors that support their overall health and wellbeing.

Early Learning Goals	Personal, Social and Emotional Development	<i>Self-Regulation</i>	<p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
		<i>Managing Self</i>	<p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; • Explain the reasons for rules, know right from wrong and try to behave accordingly; • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices
		<i>Building Relationships</i>	<p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others; • Form positive attachments to adults and friendships with peers; • Show sensitivity to their own and to others' needs.