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| **Week 4** | **Dish of the Day** | **Dish of the Day 2** | **Vegetables**  **Or Salad** | **Potato**  **or Rice** | **Dessert** |
| **Monday** | Chicken samosa with Noodles & Curry sauce 1,2,7,9,10,13 | Cheese & Tomato Macaroni  1,2,6,7 |  | Garlic bread  2,6 | Homemade Biscuit or Cake or fruit |
| **Tuesday** | Tuna Pasta Bake  2,4,5,7 | Quorn Chili Flatbread  1,2,6,12 | Beans  Salad |  | Homemade Biscuit or Cake or fruit |
| **Wednesday** | Northstar%20Digital/ESSA%20Primary/002%20ESSA%20Menu%20plan/01%20high%20school%20menu%20plan.pdfMeat & Potato Pie  1,2,4, | Quorn Pasta Bolognaise  1,2,6,13 | Beans | Garlic Bread  2,6 | Homemade Biscuit or Cake or fruit |
| **Thursday** | Beef Lasagna  1,2,6,7, | Cheese & Tomato Panini  2,4,7 | Sweet corn | Diced Herb | Homemade Biscuit or Cake or fruit |
| **Friday** | Jacket Potato with a choice of fillings  4,5,7 | Beef Sausage roll  2,4,6 | Salad  Baked Beans |  | Homemade Biscuit or cake or fruit |